Karuna

November 1st 2023

Issues to work on: Calming anxiety and anything in her highest good

-When I first tapped into your energy field, your guides had me run white light all over to calm your nervous system. Then saw a very large white archangel covering you with her wings.

-Next we went down into Gaia and she worked on you with green and gold energies. I heard “She has struggled for many years from a turbulent past and childhood. There is much shifting going on now. Much pain but she is moving through it now. It is challenging but she is doing well. There is much love there to be uncovered too.”

-Then we went into your entire chakra system and spent some time stabilizing it as it was off-center and shaking. Heard “She is on an Ascension path now and much is coming to the surface to be healed. We are working with her chakra system to release what is ready to be healed. It is a process but it is working well.”

-Your crown chakra was pretty open but we widened it a little.

-3rd Eye chakra was blocked from much trauma, persecution with no relief. Heard “It is safe-you are safe and protected.”

-Throat chakra blocked and I heard “She carries much anger to be released. No one will be hurt. Find your voice, express what is true to you. Others will understand and respect you.”

-Heart chakra was all tangled up in barbed wire. Heard “Release the shame. Not yours to carry anymore. Compassion for yourself and all you have been through. You are only human and that is ok!”

-Solar plexus chakra was very dark and cloudy. Heard “Empathic but shut down from carrying other’s stuff. It is ok to release it now. No need to carry it. Not yours. Release it and be free.”

-Sacral chakra was also dark and rocky indicating a difficult childhood. Heard “Confusion and anger to be released. She chose this to learn how to find who she really is-a beautiful and vibrant soul that lies underneath the layers.”

-Root chakra was inflamed indicating concerns over safety and security. We ran some blue light through it to calm it.

-Next we cut many dark chords from unhealthy attachments. Primarily your mother and sister.

-We also cleared some dark matter from the brain (usually from prescription medications) and cleared some concrete shards that were covering your body. Also did some clearing on your hands and feet. (That sometimes indicates the person has healing gifts and this would be in line with you being an empath)

-Next we went to past lives that were ready to be cleared: saw you as a male witch being burned in Europe, frozen to death, as a Viking being stabbed in the heart, as a healer who lived alone in the forest but were stoned by the townspeople, drowning with your entire family during the Great Flood in Atlantis. I stayed to cross you over from all them.

-When I asked about any final messages, I heard “We are working closely with her and she is just beginning to wake up to her true potential. She is seeking answers and will find them in unusual places. She can ask us and we will answer. An Earthly life is not easy for her.”

-Then they gave me an image of you standing barefoot on a solid rock. Stable and strong.

-During the Light Language, more angels came to work with us to help in healing.